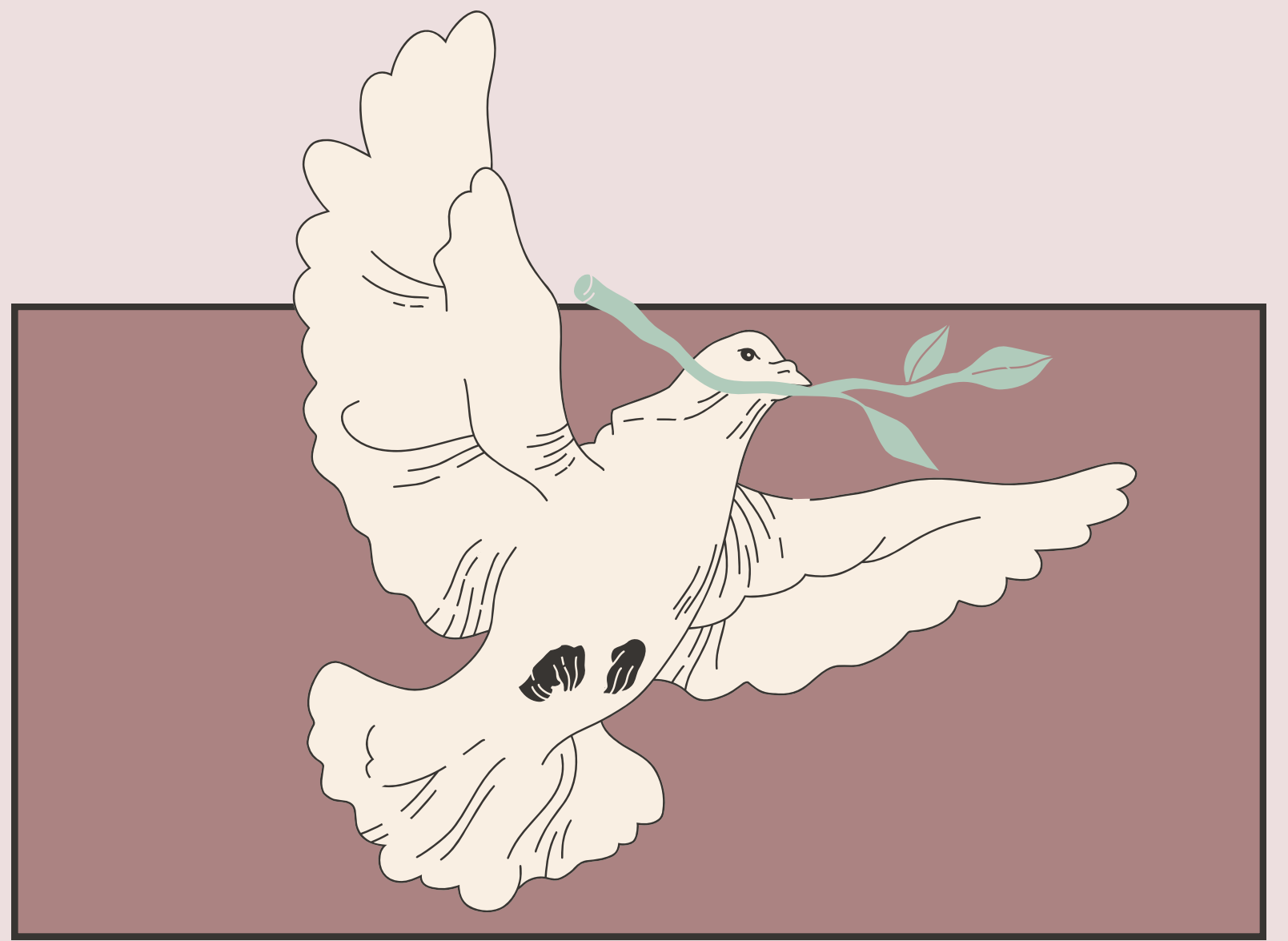


HOW TO DEEPEN YOUR RELATIONSHIP WITH GOD

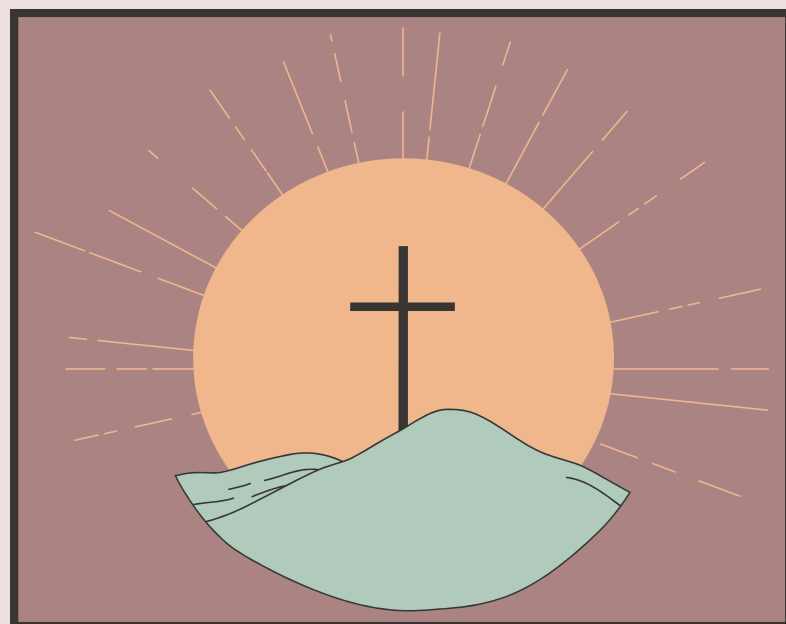


#1 IMITATE THE SAINTS

THROUGH THE EXAMPLE OF THEIR LIVES, THE SAINTS GIVE US HOPE AND INSPIRATION. IN THE FACE OF TRIALS, THEY RELIED ON THEIR LOVE OF GOD TO GUIDE THEM. WE SHOULD FOLLOW IN THEIR FOOTSTEPS ON THE PATH TO HEAVEN.

#2 READ THE BIBLE

GOD REVEALS HIMSELF TO US THROUGH HIS WORDS IN THE BIBLE. TAKE TIME TO READ SCRIPTURE AND APPLY IT TO YOUR LIFE.



#3 CONTEMPLATE

ALLOW YOURSELF TO REST IN GOD'S PRESENCE. LET HIS LOVE WASH OVER YOU.

#4 PRAY

PRAYER IS A CONVERSATION WITH GOD. SEEK SILENCE, SPEAKING TO GOD FROM YOUR HEART AND LISTENING FOR HIS RESPONSE.



#5 RECEIVE SACRAMENTS

THE SACRAMENTS STRENGTHEN US WITH GRACE AND DRAW US CLOSER TO GOD. RECEIVING THE SACRAMENTS OFTEN IS A GREAT BENEFIT TO OUR SPIRITUAL LIVES.

