



## MORNING PRAYER

Printable Prayer Cards



### MORNING OFFERING

O Jesus, through the Immaculate Heart of Mary,  
I offer you my prayers, works, joys, and sufferings of this day for all the intentions of your Sacred Heart in union with the Holy Sacrifice of the Mass throughout the world, for the salvation of souls, the reparation of sins, the reunion of all Christians, and in particular for the intentions of the Holy Father this month.  
Amen.

### CONSECRATION TO THE BLESSED VIRGIN MARY

O Mary, my Queen, my Mother, I give myself entirely to thee and to show my devotion to thee, I consecrate to thee this day, my eyes, my ears, my mouth, my heart, my whole being without reserve. Wherefore, good Mother as I am thine own, keep me, guard me as thy property and possession. Amen

### PRAYER OF DAILY SERVICE

Make us worthy, Lord, to serve our fellow men throughout the world who live and die in poverty and hunger. Give them through our hands this day their daily bread, and by our understanding love, give peace and joy. Make us, Lord, worthy to serve our brothers and sisters who are scattered all over the world, who live and die alone and poor. Give them today, using our hands, their daily bread. And, using our love, give them peace and happiness. Amen.

## MORNING OFFERING OF ST. THÉRÈSE OF LISIEUX

O my God, I offer Thee all my actions of this day for the intentions and for the glory of the Sacred Heart of Jesus. I desire to sanctify every beat of my heart, my every thought, my simplest works, by uniting them to His infinite merits; and I wish to make reparation for my sins by casting them into the furnace of His Merciful Love.  
O my God, I ask of Thee for myself and for those whom I hold dear, the grace to fulfill perfectly Thy Holy Will, to accept for love of Thee the joys and sorrows of this passing life, so that we may one day be united together in heaven for all Eternity.  
Amen.

### MORNING PRAYER OF ST. FRANCIS OF ASSISI

Lord, help me to live this day,  
quietly, easily;  
to lean on your great strength,  
trustfully, restfully;  
to wait for the unfolding of your will,  
patiently, serenely;  
to meet others, peacefully, joyfully;  
to face tomorrow, confidently,  
courageously.  
Amen.

### DAILY PRAYER TO GUARDIAN ANGEL

Angel of God, my guardian dear, to whom God's love commits me here, ever this day be at my side, to light and guard, to rule and guide.  
Amen.

### ANIMA CHRISTI

Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, inebriate me.  
Water from the side of Christ, wash me.  
Passion of Christ, strengthen me.  
O Good Jesus, hear me.  
Within your wounds hide me.  
Permit me not to be separated from you.  
From the wicked foe, defend me.  
At the hour of my death, call me  
and bid me come to you  
That with your saints I may praise you  
For ever and ever. Amen.