

CATHOLIC PRAYER

DIRECT VERSUS INTERCESSORY PRAYER

Direct prayer refers to prayer offered directly to God. In 1 Timothy, Paul tells us, “There is one mediator between God and the human race, Christ Jesus, himself human, who gave himself as ransom for all” (1 Timothy 2:5-6). According to the Catechism of the Catholic Church, **intercessory prayer** is “a prayer of petition that leads us to pray as Jesus did. He is the one intercessor with the Father on behalf of all men, especially sinners. In intercession, he who prays looks ‘not only to his own interests, but also to the interests of others,’ even to the point of praying for those who do him harm” (CCC 2634-2635). For example, when you pray the rosary, you are not praying *to* Mary, rather, you are asking your Blessed Mother to pray to God on your behalf and intercede for you.



The Blessed Mother



Jesus Christ

DIRECT PRAYER

INTERCESSORY
PRAYER



Your Prayer

DIRECT PRAYER

DIRECT
PRAYER



The Saints

INTERCESSORY PRAYER